

## In-Forma Salute

**Representative: Elena Cervi**

The In-Forma Salute representative is at your disposal to provide the personalised information required and put patients in contact with professionals.

### Contacts

Tel. 0522 296497 - e-mail [informasalute@ausl.re.it](mailto:informasalute@ausl.re.it)  
website: <https://www.ausl.re.it/the-unamano-project>

### Where we are

**CORE (Reggio Emilia Oncology and Haematology Centre)**

In-Forma Salute, 1st floor

Main entrance CORE from via Benedetto Croce

Entrance from Arcispedale S. Maria Nuova, viale Risorgimento, 80  
1st floor, brown path no. 8

### Openings Hours

Monday to Friday from 9.00 to 13.00 | Wednesday from 15.00 to 17.00

**“UNA MANO, Sostegno di pazienti al lavoro”** was funded by **Fondazione Manodori** di Reggio Emilia and by the healthcare authority AUSL-IRCCS of Reggio Emilia.

**UNA MANO** was performed as part of the **Welcom project** in the planning workshop *“Occuparsi di lavoro, il lavoro come occasione per intercettare nuove fragilità”* (Dealing with work, work as an opportunity for intercepting new fragilities) in association with:

- Associazione DarVoce, Reggio Emilia
- Associazione Onlus Centro Sociale Papa Giovanni XXIII, Reggio Emilia
- Azienda Unità Sanitaria Locale-IRCCS, Reggio Emilia
- BFMR & Partners, Reggio Emilia
- Cooperativa Sociale Altra Tensione, Reggio Emilia
- Cooperativa Sociale Il Ginepro, Castelnovo né Monti
- Cooperativa Sociale Koiné, Reggio Emilia
- Fondazione ENAIP Don Magnani, Reggio Emilia
- Fondazione GRADE onlus, Reggio Emilia
- LILT, Reggio Emilia
- Ordine dei Medici e Chirurghi, Reggio Emilia
- Società Medica Lazzaro Spallanzani, Reggio Emilia
- Ust CISL Emilia Centrale e Antea Servizi, Reggio Emilia
- Università degli studi di Modena e Reggio Emilia
- Winner Mestieri Emilia Romagna s.c.s., Reggio Emilia



**SERVIZIO SANITARIO REGIONALE  
EMILIA-ROMAGNA**  
Azienda Unità Sanitaria Locale di Reggio Emilia  
IRCCS Istituto in tecnologie avanzate e modelli assistenziali in oncologia



**FONDAZIONE**  
CASSA DI RISPARMIO  
DI REGGIO EMILIA  
PIETRO MANODORI



**UNAmano**  
SOSTEGNO DI PAZIENTI AL LAVORO



## WHAT IS “UNA MANO; SOSTEGNO DI PAZIENTI AL LAVORO” *(One hand, support for patients at work)*

“UNA MANO” was created to help workers with cancer to keep their jobs and return to work.

We are aware that many people diagnosed with cancer are in the working age group, therefore they need to work during and after their treatment plan.

People diagnosed with cancer could experience changes that make returning to work problematic and not very pleasant.

To better help them return to work, it is important to focus on different aspects including the characteristics of the person, the work environment and the disease. For this reason, a health and social rehabilitation intervention to help people with cancer to keep their jobs and return to work is a fundamental part of this kind of support.

### EXPERIENCES OF PATIENTS INTERVIEWED: EXAMPLES OF DIFFICULT WORK SITUATIONS

*“Q“When I went back to work...*

*... I had trouble getting used to the pace of work”*

N. age 45 (Secretary)

*“After a period of absence from work due to illness I realised there was a gap between my IT knowledge and that of my colleagues, but I wasn’t given the chance to get up to date”*

S. age 51 (Web master)

*“Standing up for a long time and lifting heavy loads made me really tired”*

T. age 26 (Warehouse operator)

*“I was less attentive and precise while taking orders at the table, and I also gave out the wrong change...”*

D. age 42 (Pizza waitress)

*“Writing on the board made my arm numb and tired...”*

R. age 48 (Teacher)

## WHO IS IT FOR

“UNA MANO” is for all those who have been diagnosed with cancer and who think they will have or are experiencing problems in the workplace.

## WHAT WE OFFER

“UNA MANO, Sostegno di pazienti al lavoro” aims to help people with cancer to overcome the problems that they are experiencing in the workplace.

Those who are having problems in the work environment can:

- Meet a professional occupational therapist to identify the problem at work and agree on the objectives to be reached
- Receive informative support for facing the perceived difficulty in the work place
- Receive a social security and care consultation
- Agree on the healthcare and/or social support in the workplace
- Receive healthcare and/or social support through a personalised rehabilitation intervention
- Perform work placements
- Perform a cross-discipline skills training and analysis plan
- Perform an individual orientation plan
- Receive information on possible financial aid (in the event of debt), according to the provisions of Italian Law 3/2012.

You can contact the **In-Forma Salute** representative who will answer your questions with correct and up-to-date information and, according to the situation, put you in contact with the **Occupational Therapist** for an initial assessment.

To help you to keep your job and return to work, the Occupational Therapist and the social/healthcare pathway professionals will organise an intervention that considers the requirements and the objectives that the person wishes to achieve.